

**FULL COLOR  
HALF SHEET  
PRINTABLE  
STORY BOOK**

# Bryan Learns about Loss



Bryan was an 8-year-old boy who loved playing soccer, riding bikes, and playing videogames. Bryan was very grateful to have a wonderful grandma who he loved to spend time with. Bryan and his grandma loved doing puzzles together, baking cookies, and going on walks to their favorite park.





One day while Bryan and his grandma were on a walk at the park together, grandma started to feel sick. Bryan felt really scared to see his grandma not feeling well.



Bryan brought grandma back home right away and Bryan and his mom took grandma to the hospital. The doctors tried and tried, but grandma got sicker and sicker. Bryan stayed by his grandma's side all day and all night.





Bryan just couldn't believe his ears when the doctor said that his grandma had died. What would he do without his grandma? Who would play puzzles with him? Who would bake cookies with him? Who would walk to the park with him? Bryan knew that his life would never be the same again.



All of Bryan's family and friends came a couple of days later to grandma's funeral and burial to celebrate her life. They sang songs and shared stories of their favorite memories with grandma. Bryan was too shocked to sing or to even speak. He just couldn't believe this was really happening.

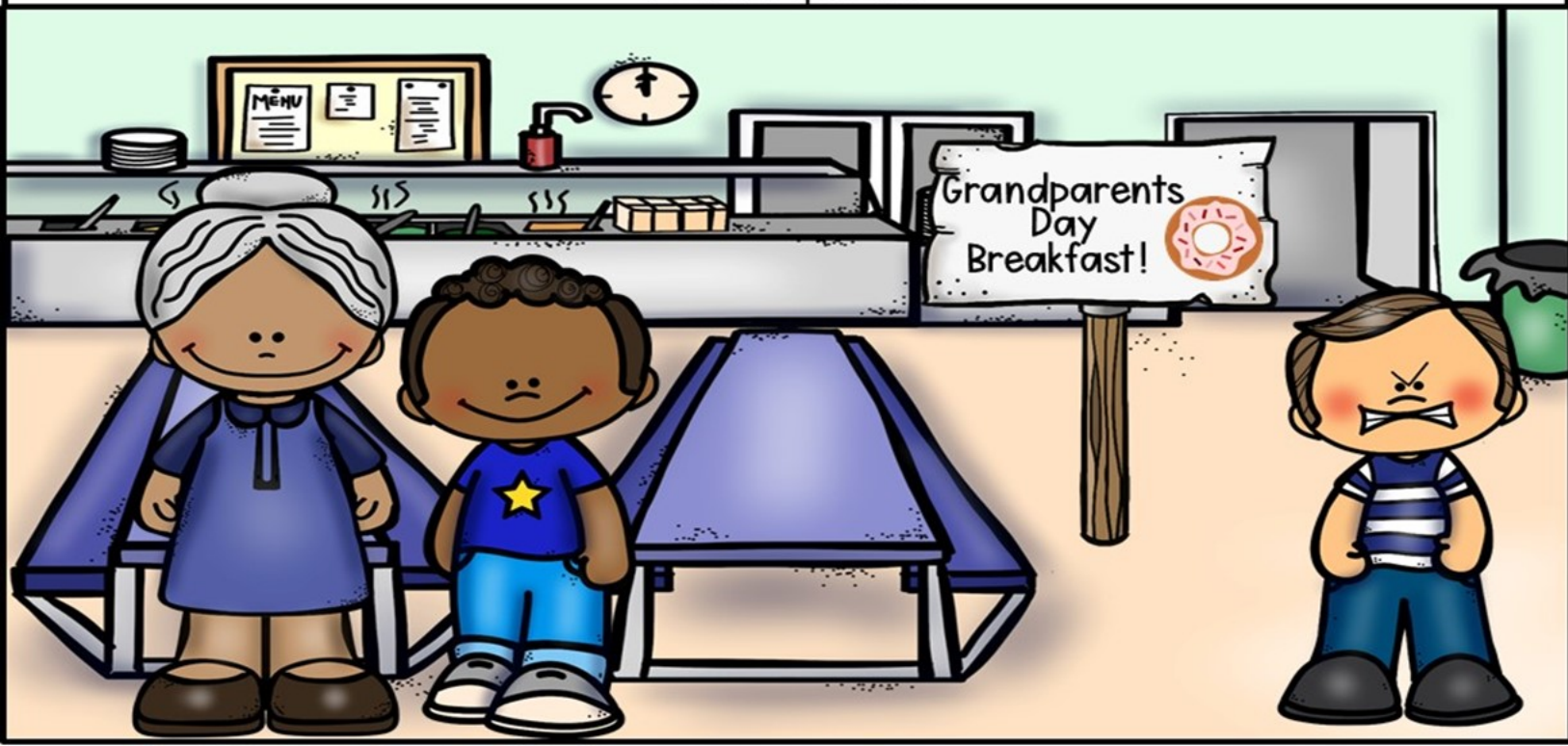




After the funeral, Bryan just couldn't get his grandma off of his mind. Every morning he would wake up and think about how his grandma always liked to walk him to the bus stop. It was their special time together each day. Then he would suddenly remember that his grandma was gone. Bryan just couldn't understand why his grandma wasn't with him anymore.



The next day at school was a special Grandparent's Day Breakfast in the cafeteria. Bryan saw Charlie walk in with his grandma. Bryan wondered, "Why does Charlie still have his grandma but I'm all alone? This is NOT fair! Grandma, WHY did you leave me here all by myself?" Bryan felt so angry inside that he could explode!





Bryan took some deep breaths and asked his teacher if he could go talk to his school counselor. He told Mrs. Rogers, "I feel completely heartbroken that my grandma isn't here for the Grandparent's Day Breakfast with me. What if we had taken her to the hospital sooner? Would she still be alive? Is this all my fault?"



Mrs. Rogers said, "Bryan, I'm so sorry you are so hurt. I bet it's so hard to see the other students here at school with their grandparents today. But, it's important for you to understand that you did everything you could to save your grandma. Your love meant the world to her and no one would ever blame you for her death. Bryan cried, "I understand, Mrs. Rogers. I just wish there was something I could do to bring her back. I'd never ask for anything ever again. I just want my grandma back in my life."





Mrs. Rogers calmly shared, "If there was something I could do to bring your grandma back, you know I would do it in an instant. But, when someone we love dies, we have to just remember them, honor them, and be thankful for the special times we had together. I'm so glad that you came to talk to me — talking with a grown-up we trust about our feelings is so helpful! Also, sometimes it helps to write in a journal or create something special in honor of our loved one. Why don't you give that idea some thought...is there something that you could do to help everyone remember your grandma?"



Bryan understood what Mrs. Rogers said. He promised her he would think about a special way to honor his grandma and write in his journal each night. But he still felt more sad and lonely than he ever had before in his life. When he got home from school, he went to his room and cried. He didn't want to play videogames, go to school tomorrow, or even eat dinner. He just wanted to be alone.

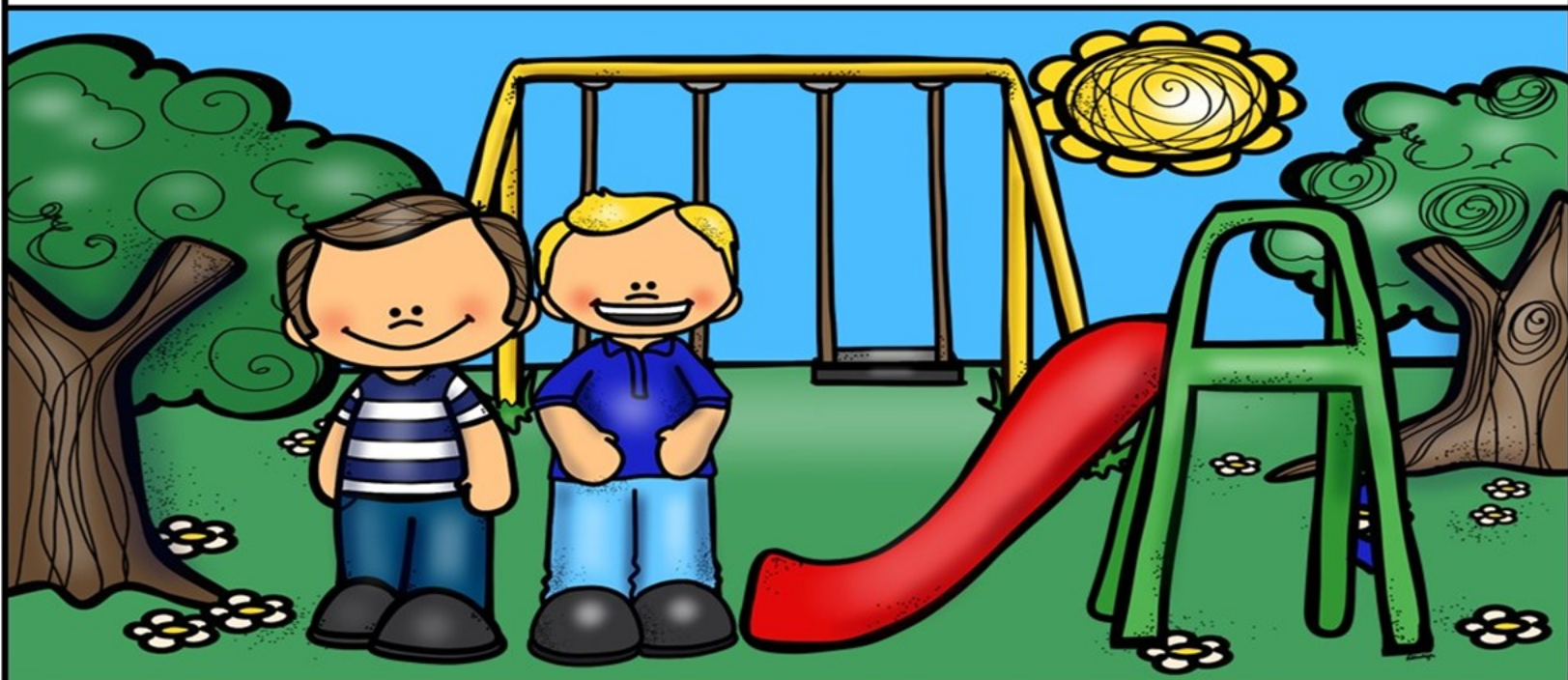




Bryan's mom heard him crying and came in to talk to him. She told Bryan that she missed grandma too and wished there was something she could do to help him feel better. Bryan's mom asked if she could ask his friend, Kaleb, to come over. Maybe he'd like to ride bikes with Kaleb to the park? Bryan immediately said no, he just wanted to be alone. But, after giving it some more thought, he decided that getting some fresh air might be a good idea after all.

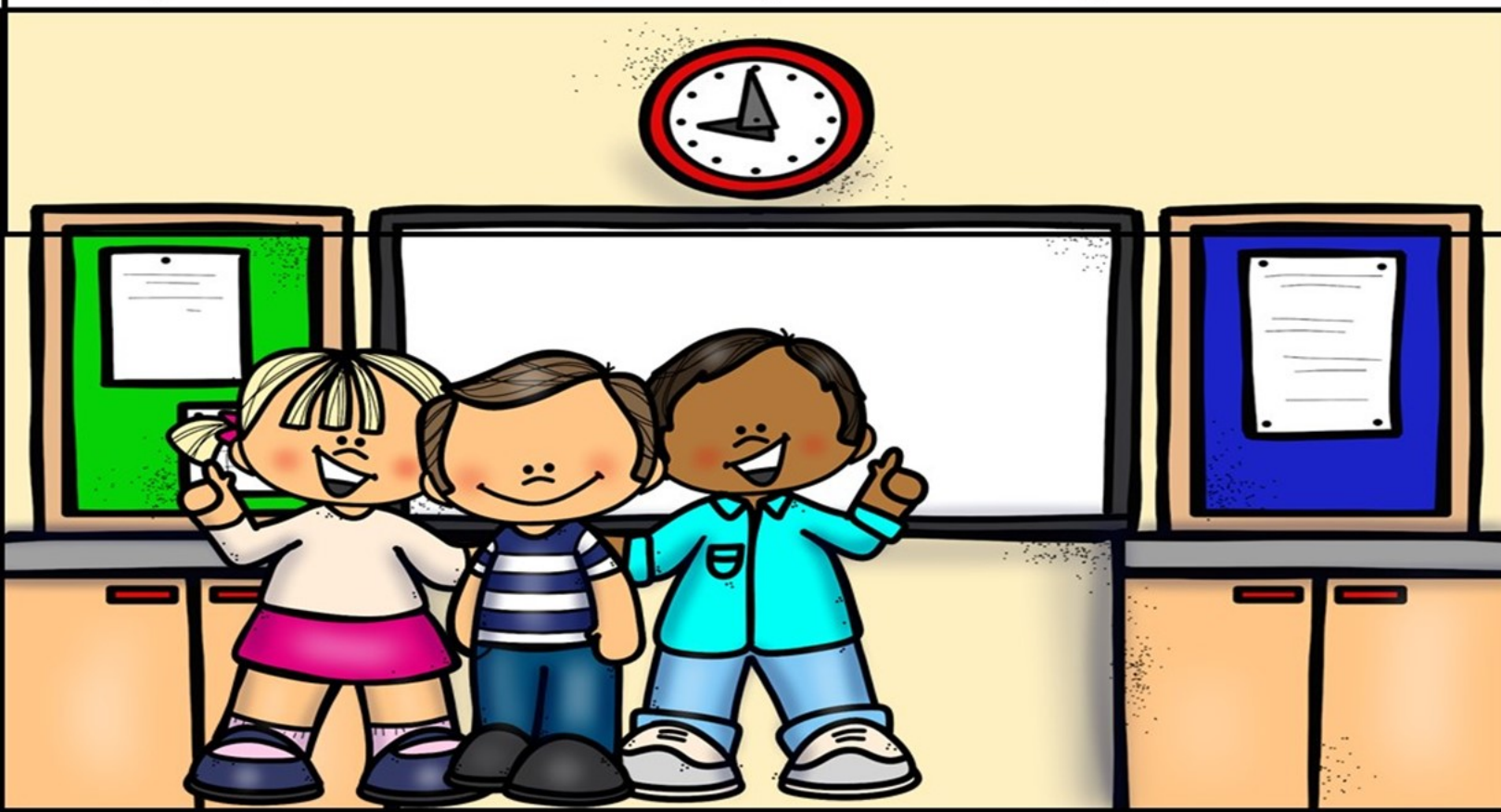


Bryan and Kaleb rode bikes to the park together. As they rode, the boys shared special memories and funny stories with Bryan's grandma. Kaleb said that his grandma passed away when he was 5 and so he really understands what it feels like to lose someone special. Bryan knew that he would always miss his grandma, and that no one could ever replace her. But it did feel really nice to have Kaleb to talk to.

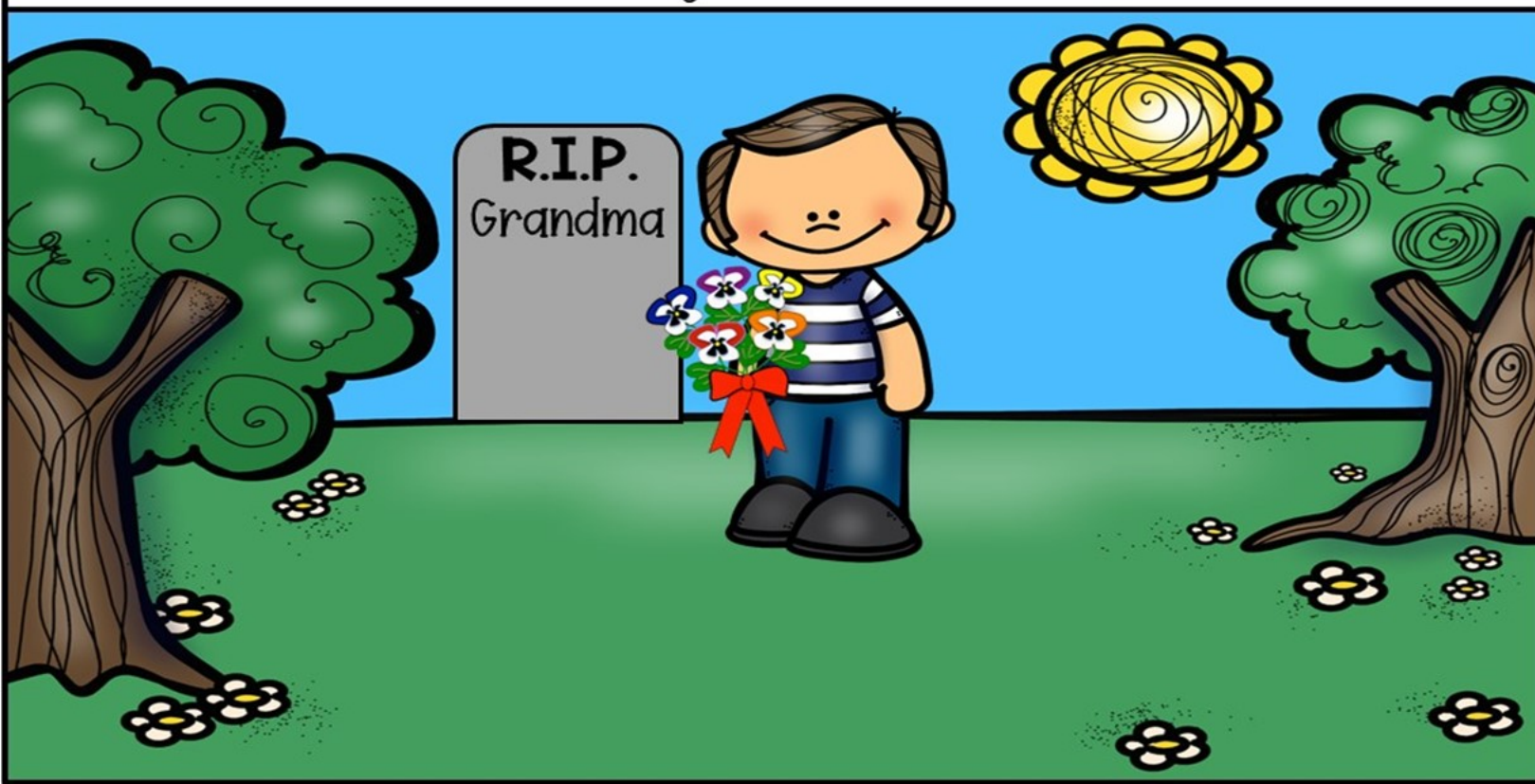




Little by little, as the days went on, Bryan started to feel more and more like his old self. He continued talking to Mrs. Rogers, writing in his journal, and sharing stories and memories about his grandma with anyone who would listen.



Bryan also liked visiting his grandma's grave each week. He always brought flowers and told grandma stories about what was happening at school and in his videogames. It comforted Bryan to have this peaceful quiet time with his grandma.





One day, Bryan rode his bike to the park and as soon as he arrived, he had an amazing idea! What if he planted a special garden at the park in honor of his grandma? That way everyone who came to play at their favorite park would remember his grandma and her spirit could live on at their special place!



Bryan got to work on Grandma's Garden. Each day after school he planted all sorts of beautiful flowers and even made a special sign to honor his grandma.





As soon as the flowers bloomed, Bryan invited Mrs. Rogers and all of his friends and family to visit Grandma's Garden. Everyone was so proud of Bryan's hard work and loved sharing stories and memories about grandma in the garden. Bryan knew he had really created something special to honor his grandma!



Bryan still missed his grandma and still wished they could play together. He would give anything for just one more day with her! But, as Bryan took care of Grandma's Garden, he laughed to himself thinking of their funny memories together and truly felt at peace. The garden gave him a new purpose and a new joy. Bryan was finally happy again.





**BLACK & WHITE**

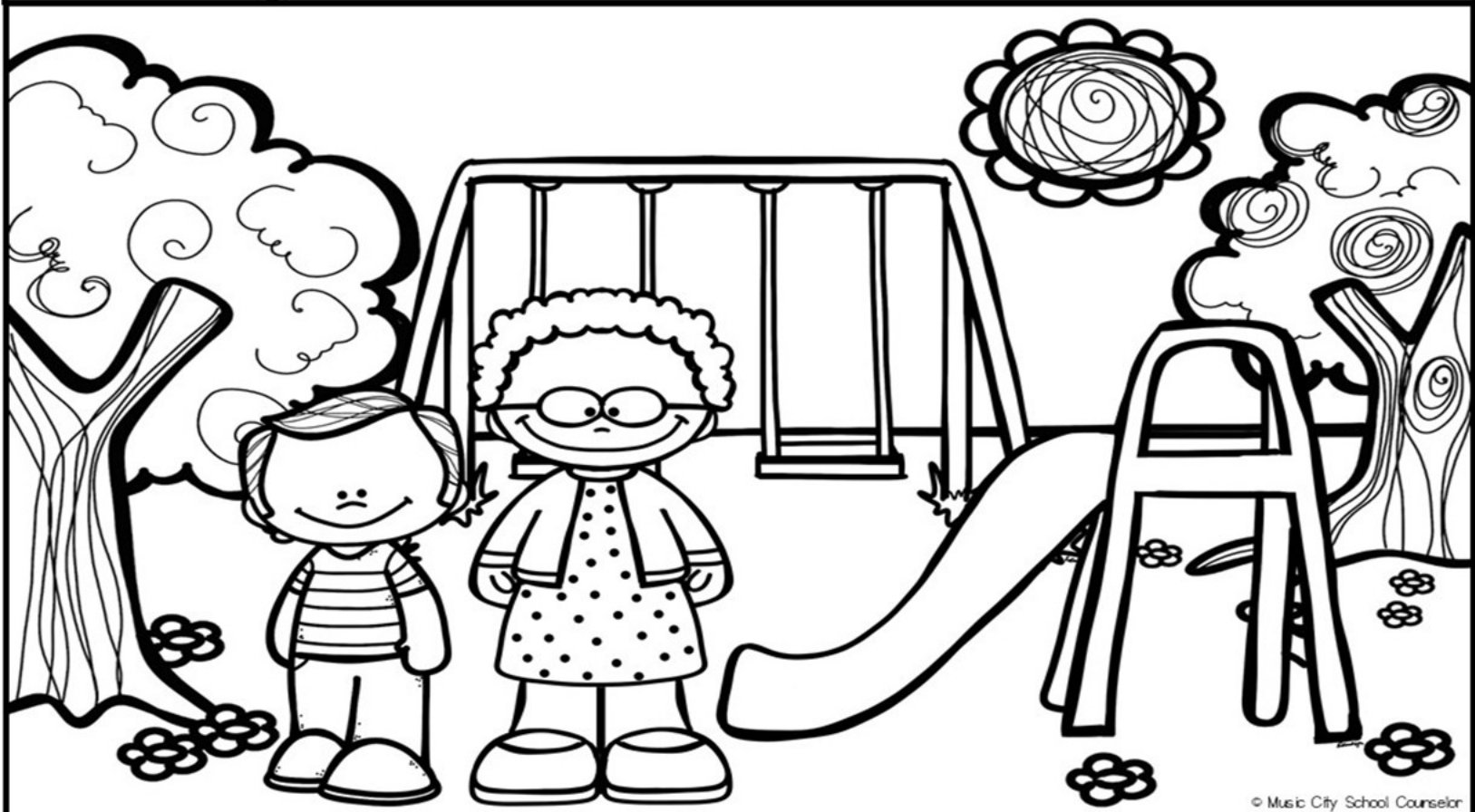
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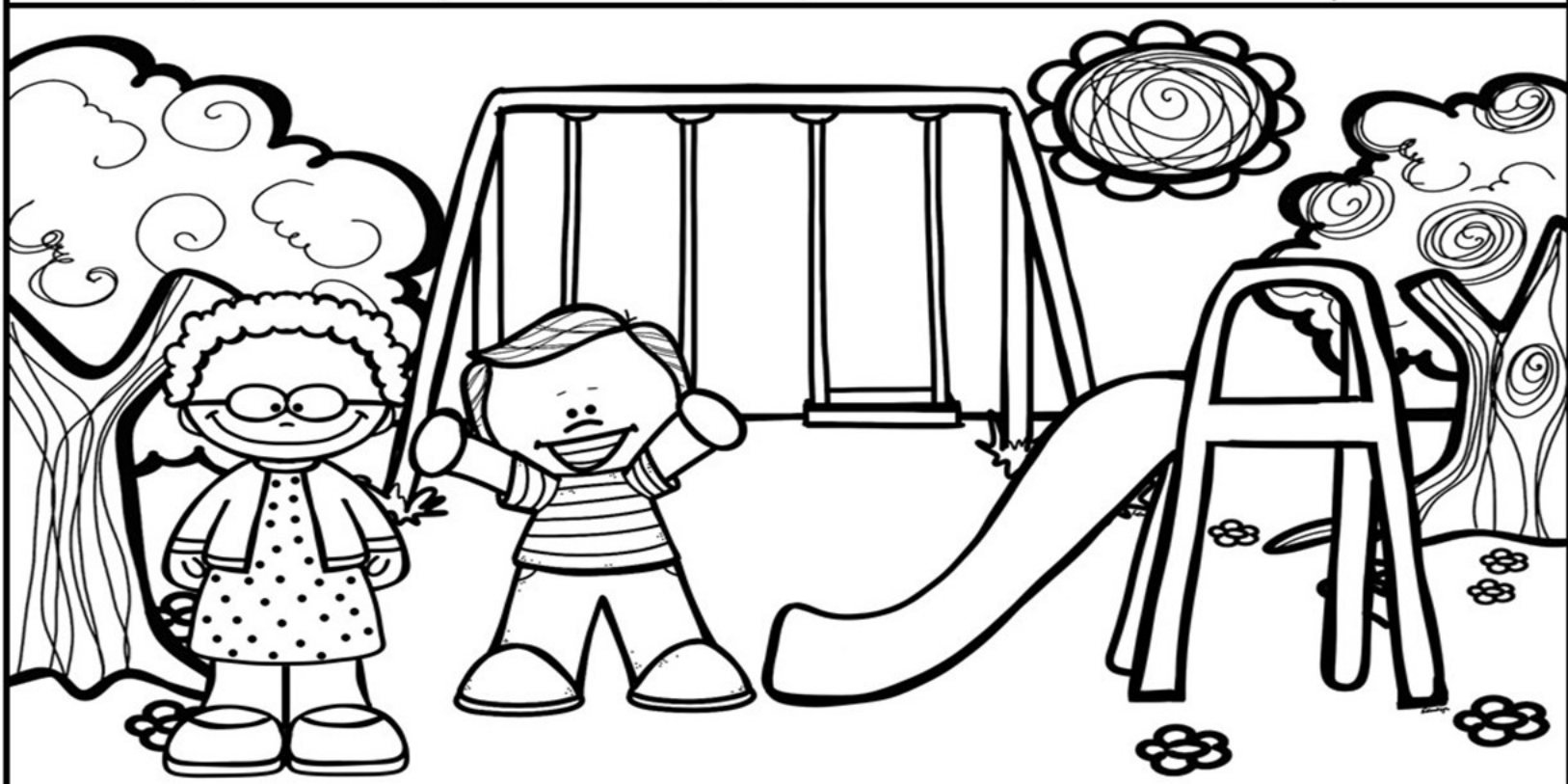


# Bryan Learns about Loss



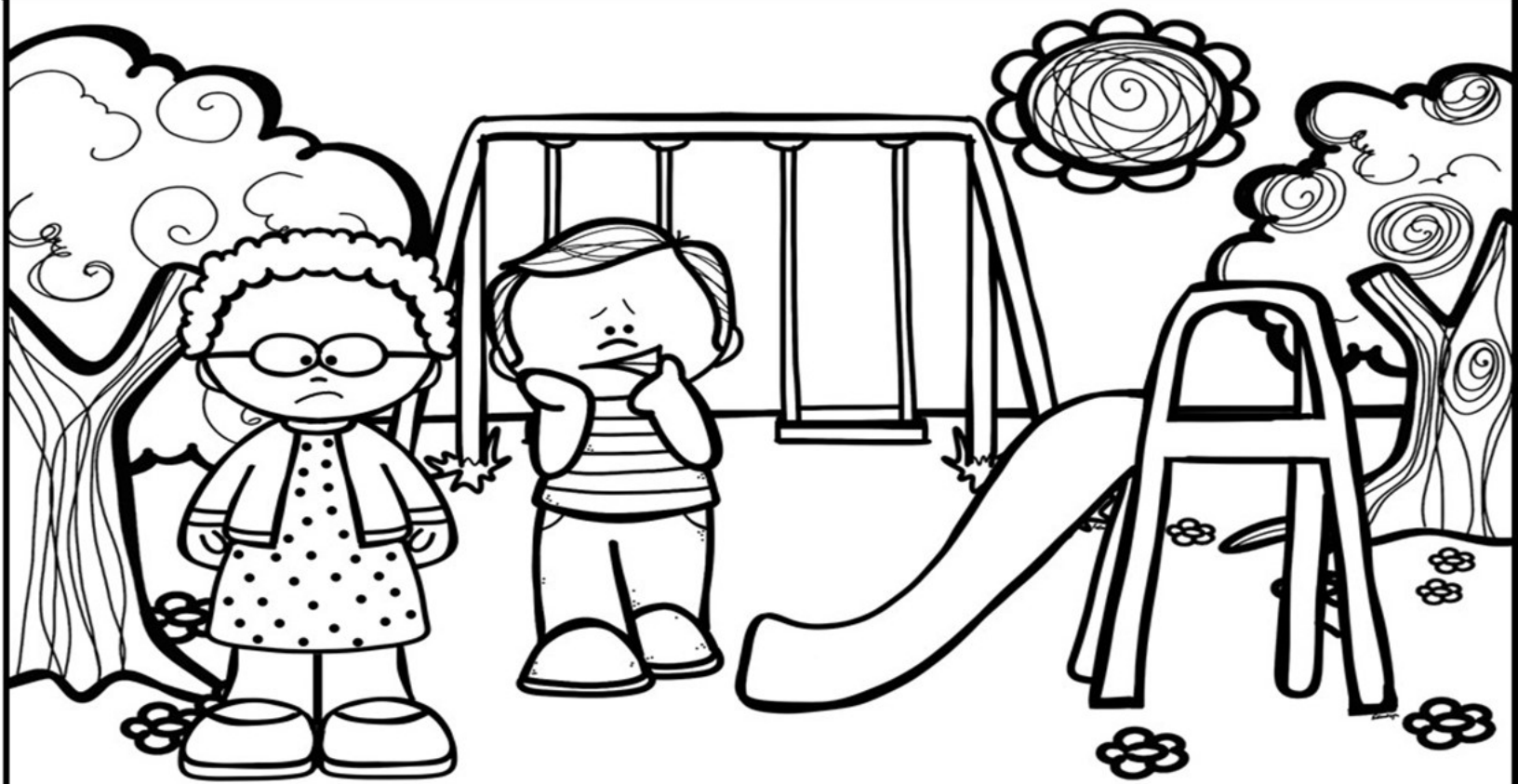
© Music City School Counselor

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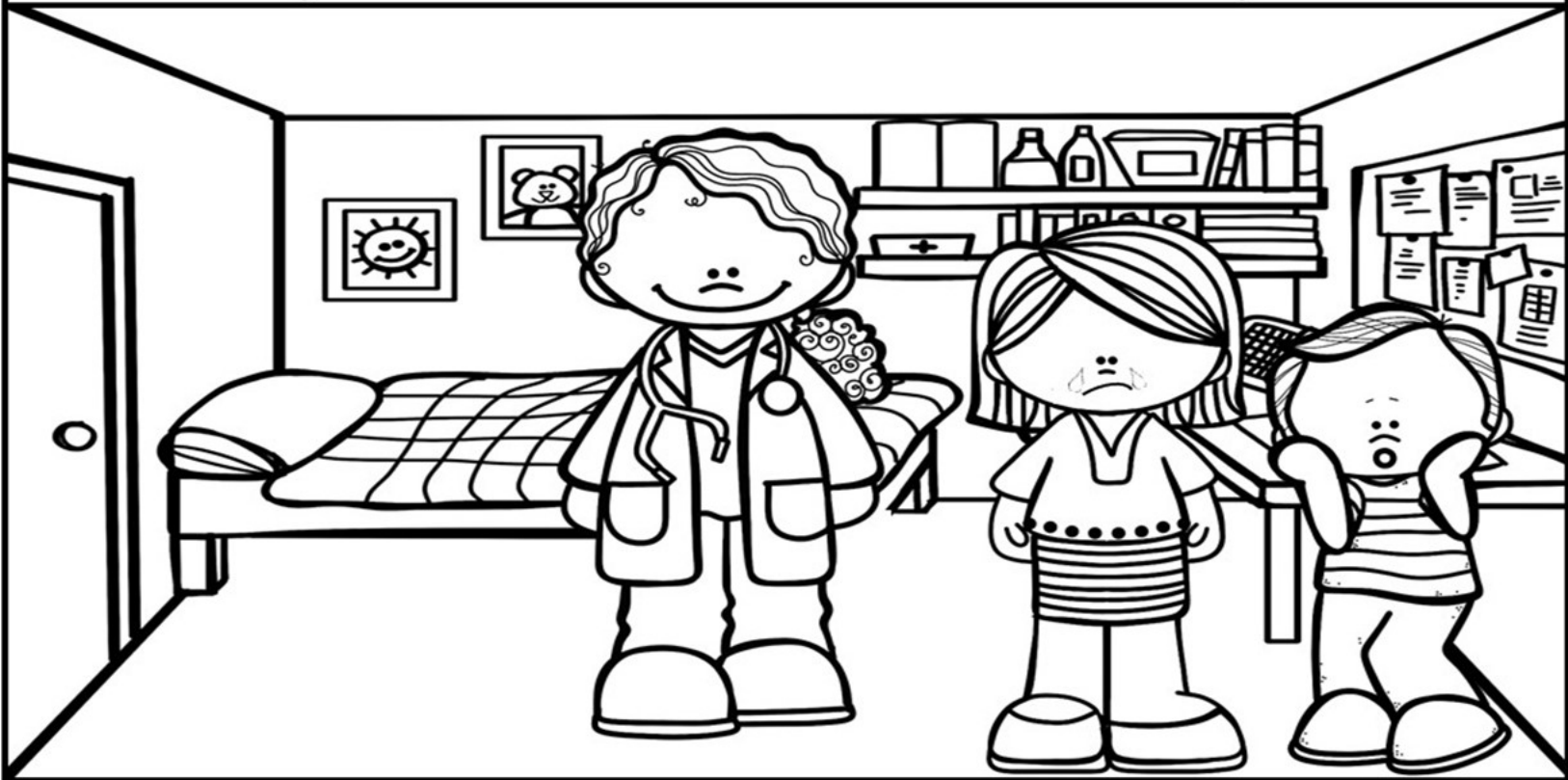


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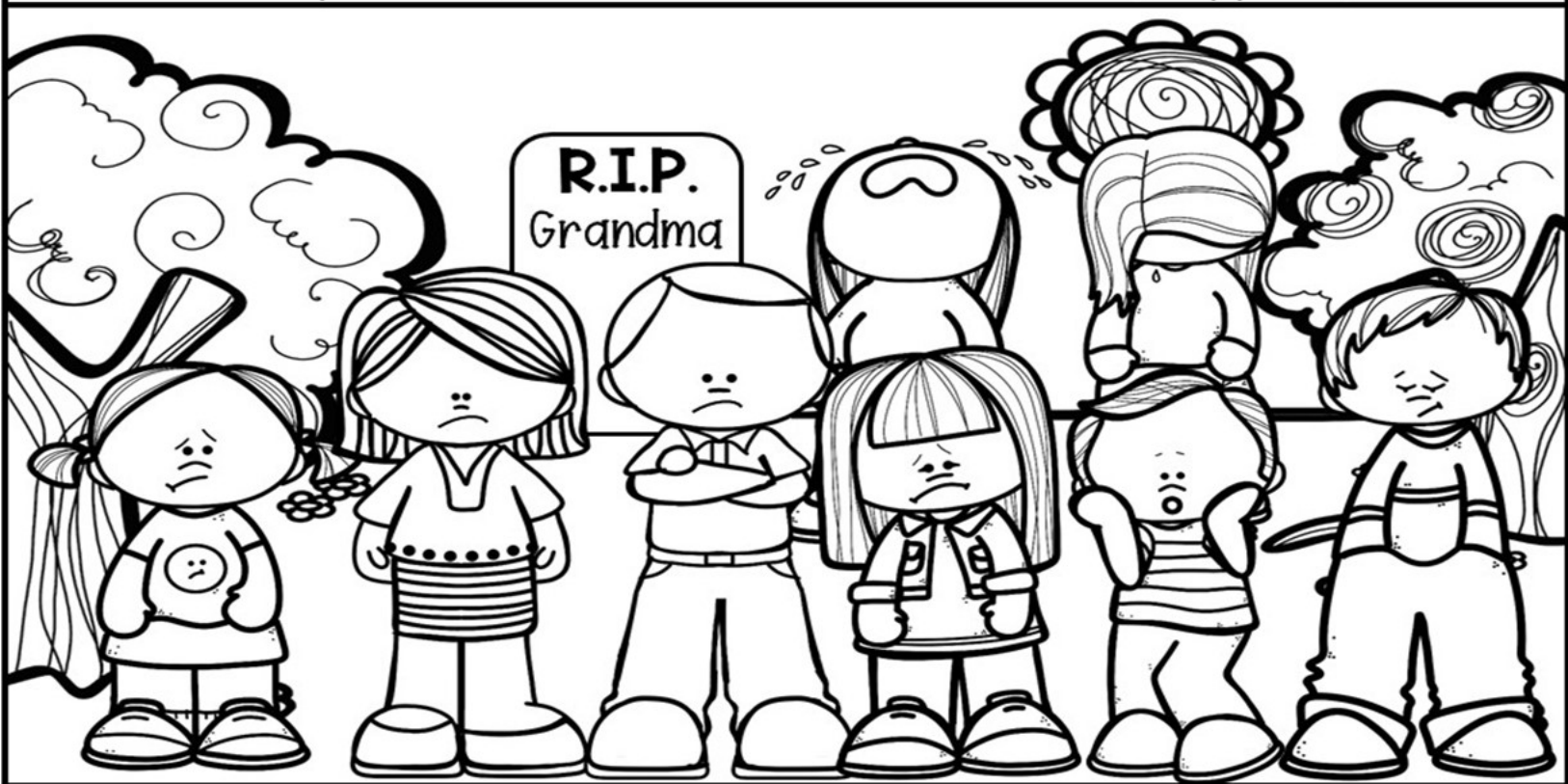




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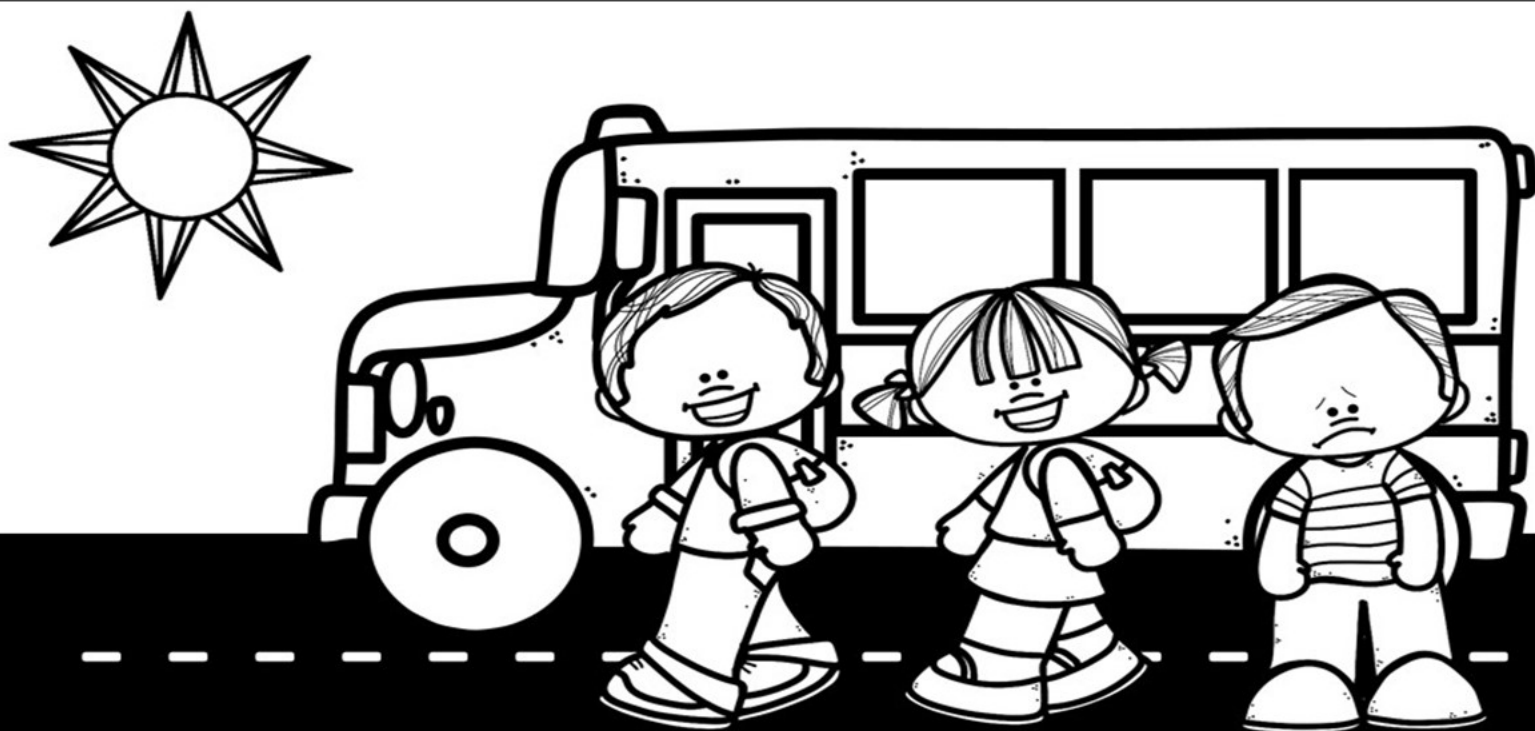


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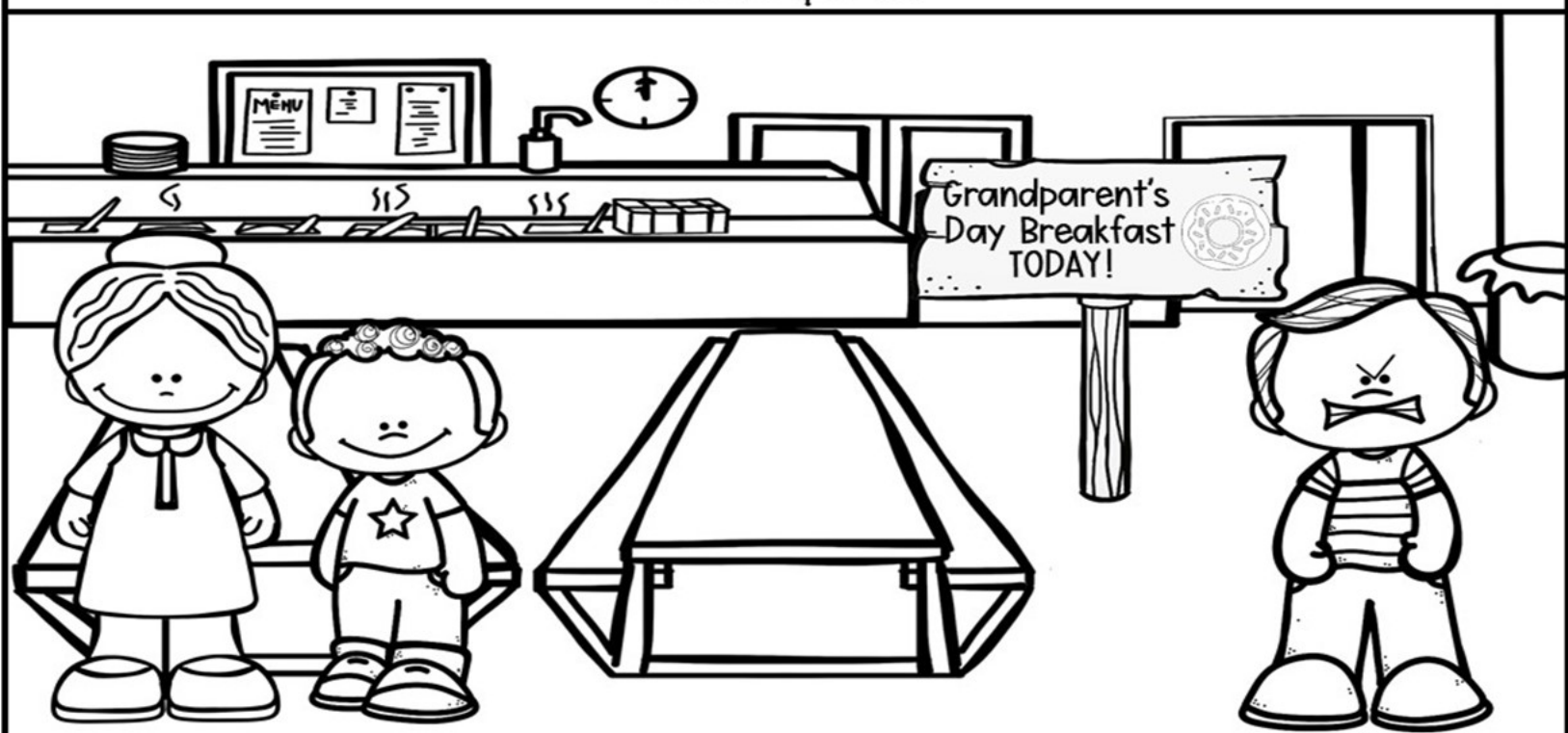




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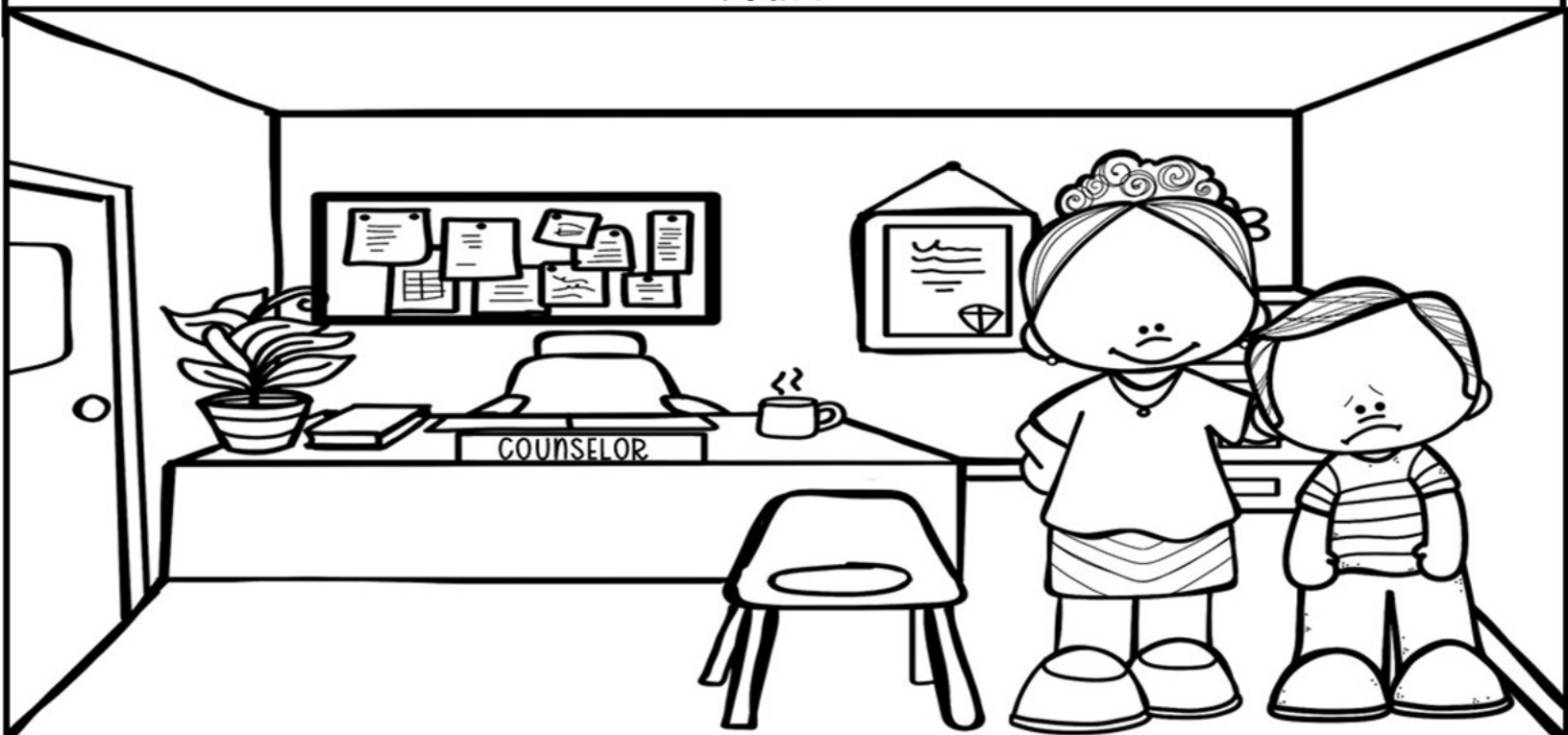


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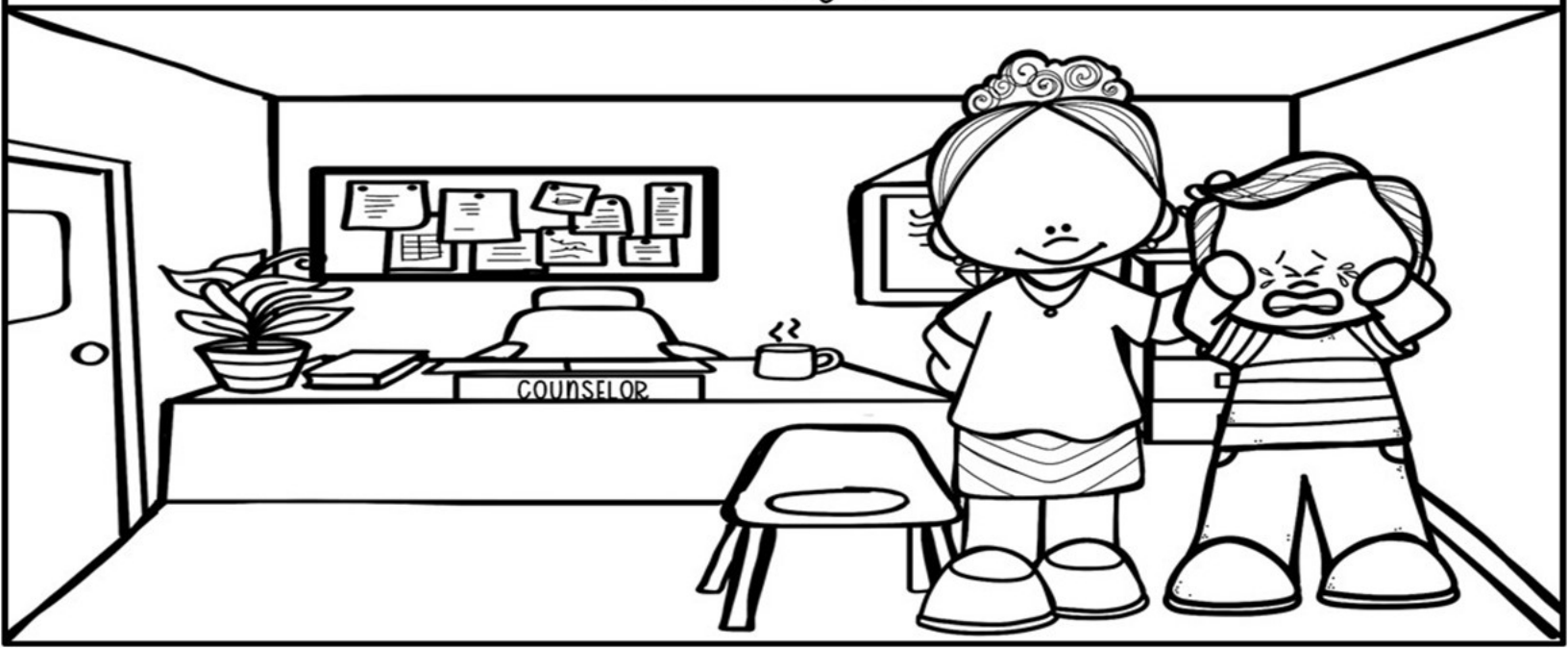




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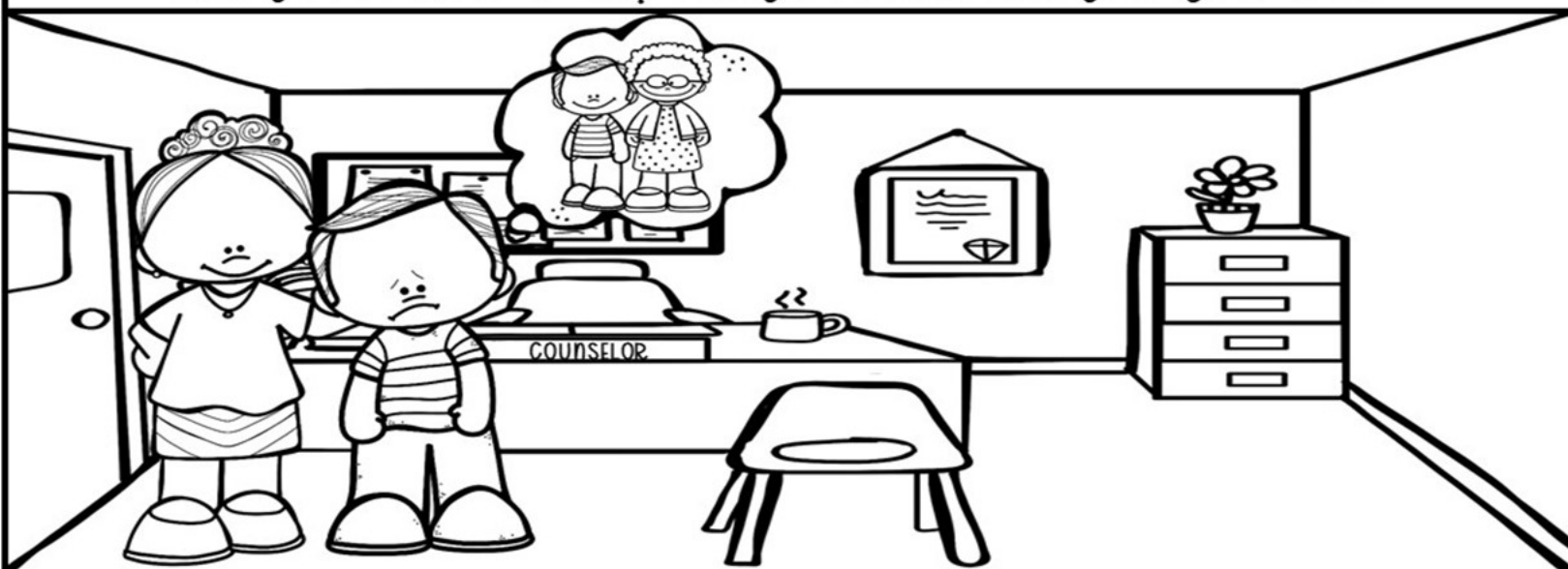


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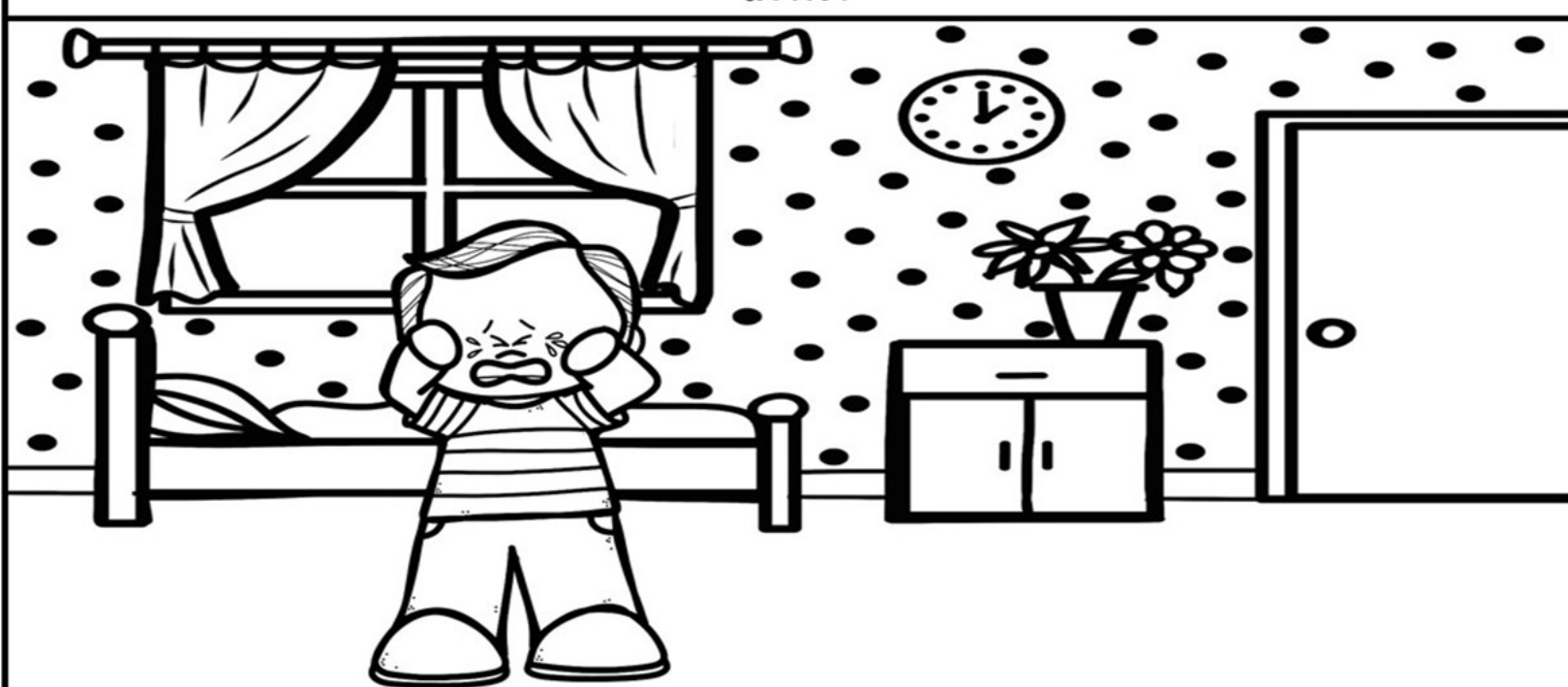




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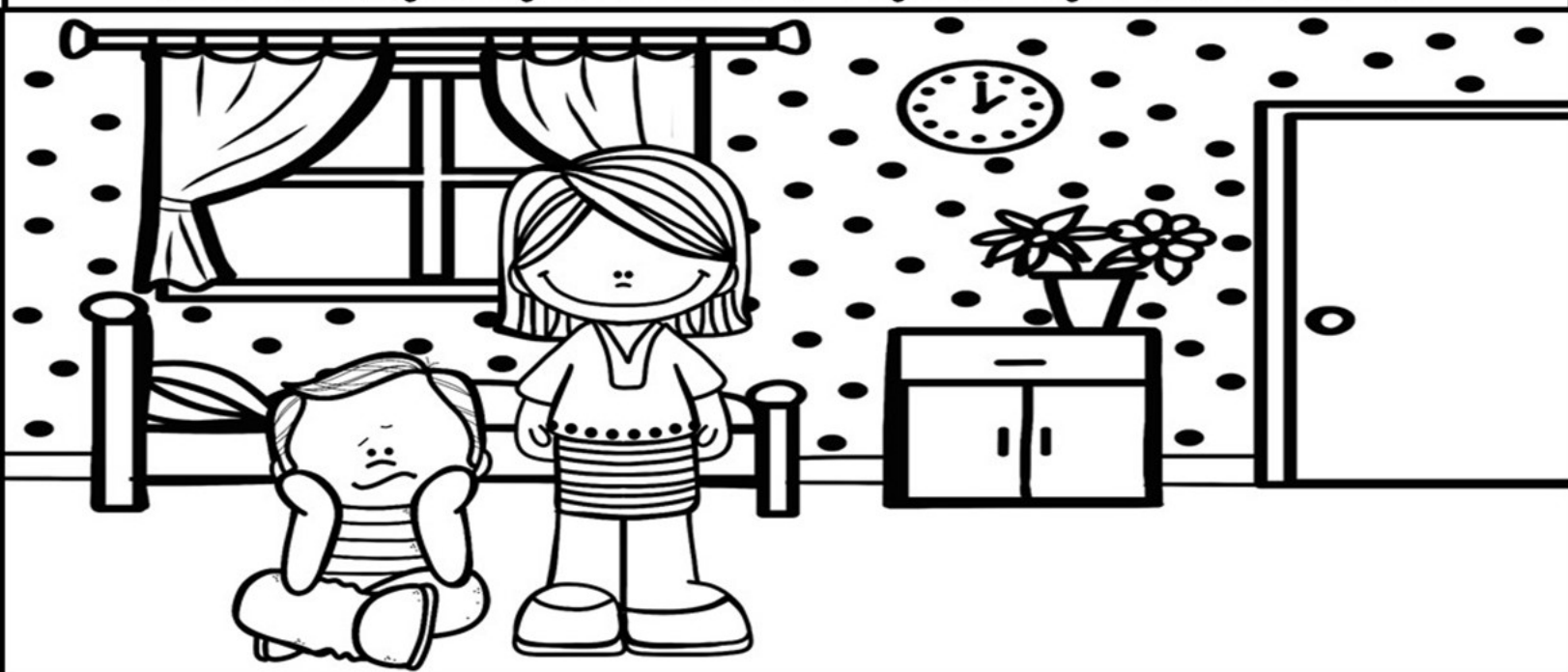


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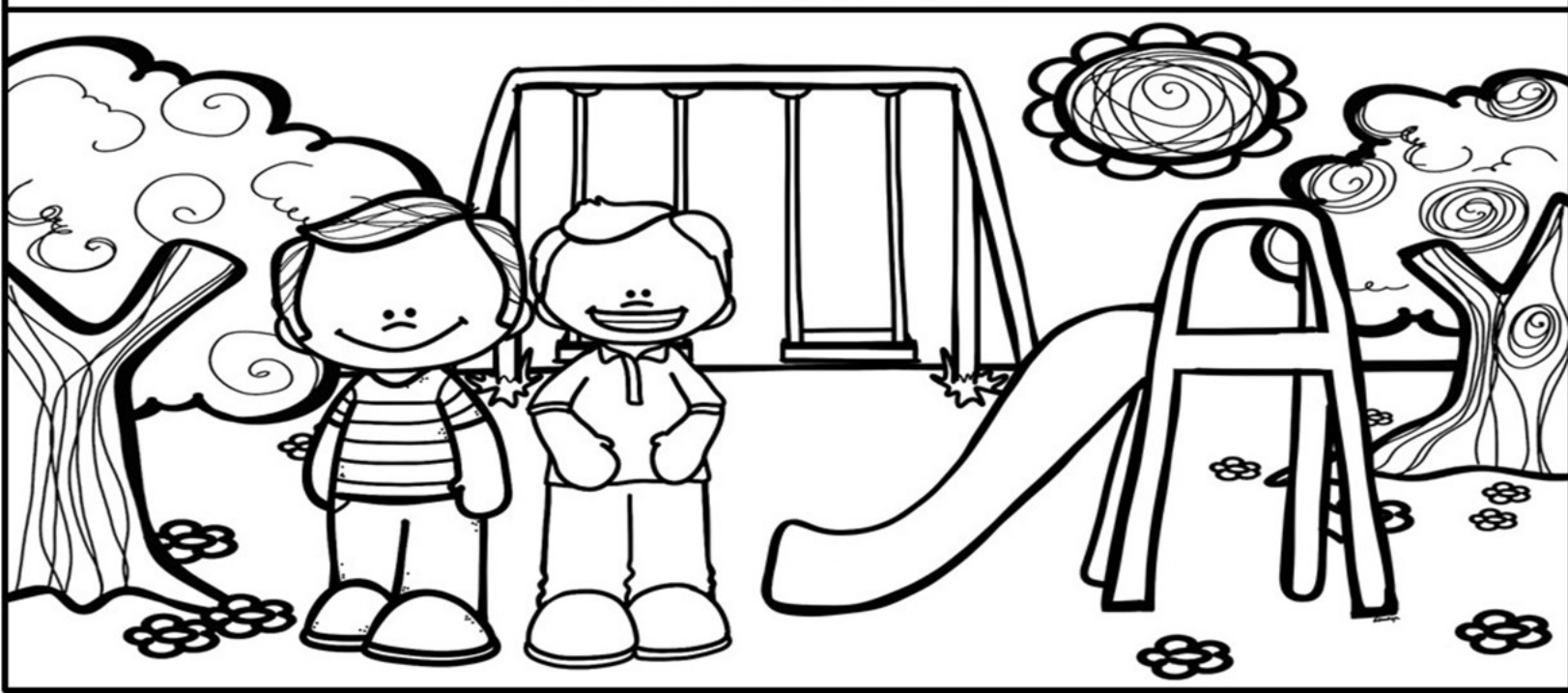




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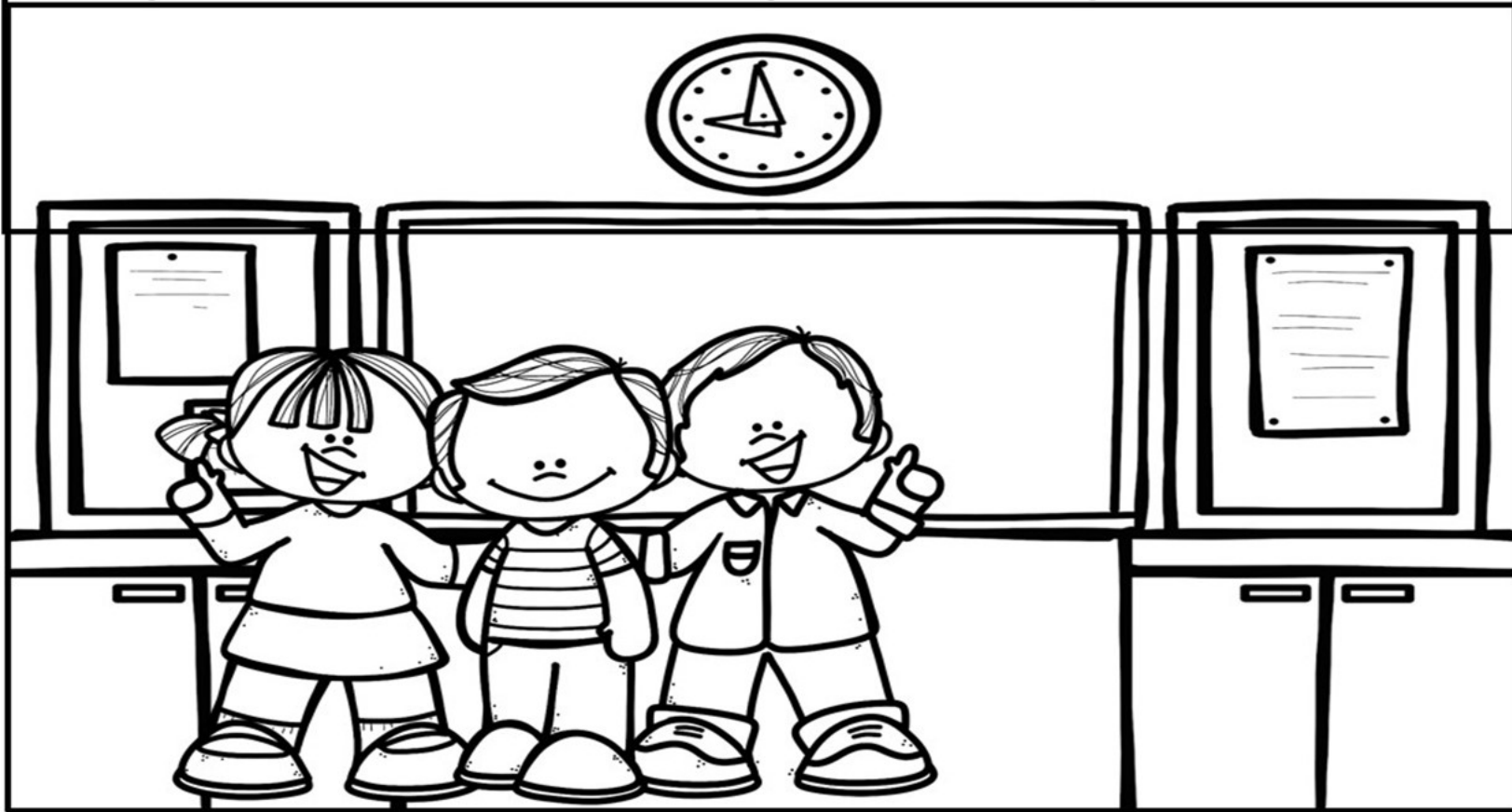


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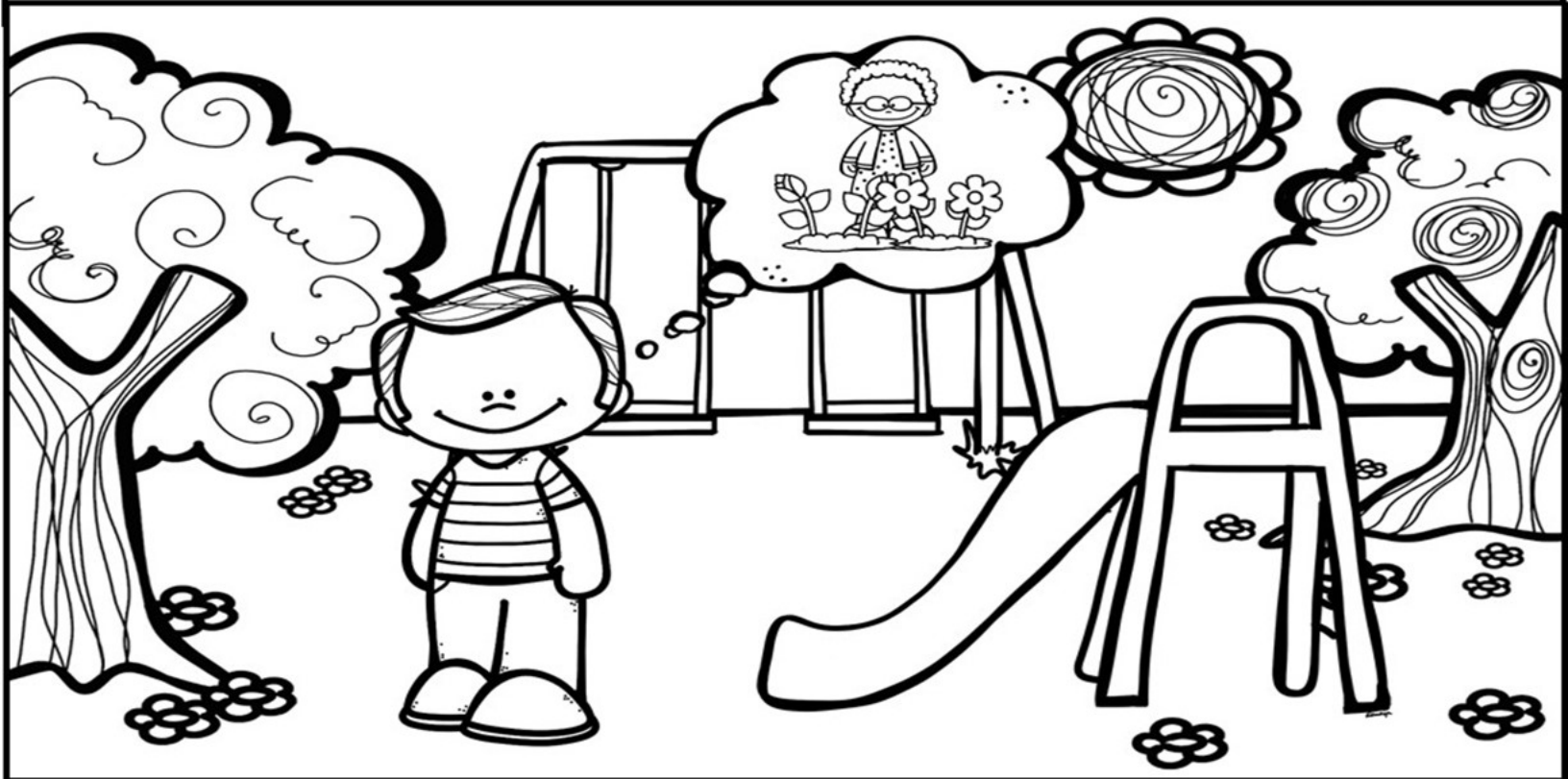


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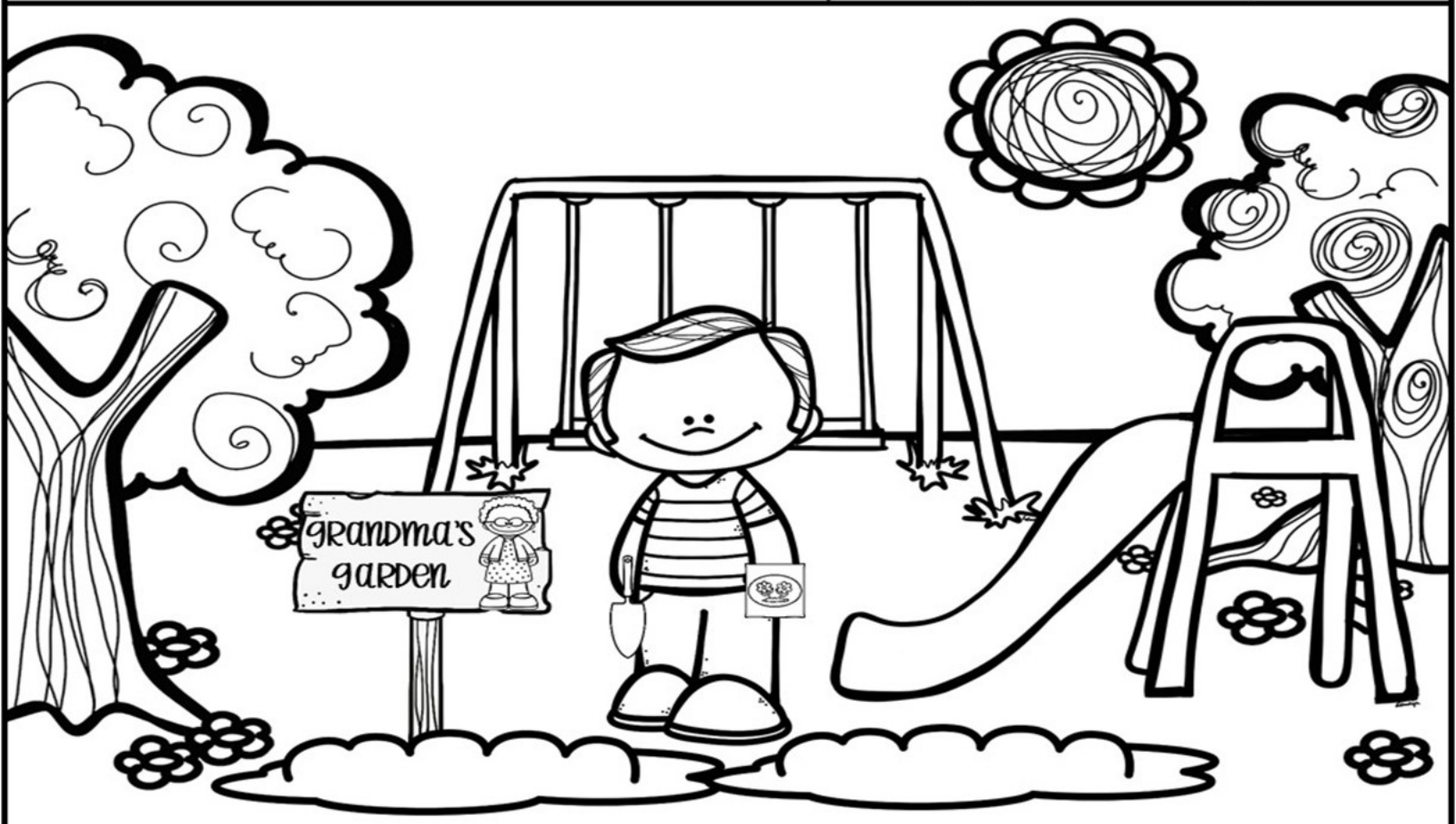




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